



## INTRODUCTION

What an incredible year it has been for CISTC! As we reflect on the past 12 months, we are filled with gratitude for our hardworking team, our amazing trainees, and the supportive construction community. Together, we've achieved remarkable milestones that highlight our commitment to safety, skill-building, and community engagement in the construction industry.

From raising £4000 for Crisis at Christmas to becoming an IOSH-approved training provider, 2024 has been a testament to our growth and impact. Our training centre has been buzzing with activity, with countless individuals passing their tests and advancing their careers. Onsite and in-centre, we've delivered a variety of courses that empower individuals and businesses to excel in construction.

We've also expanded our community presence—whether it was paddling together in the Dragon Boat Races, exhibiting at the South East Construction Expo, or supporting essential charities like Swings & Smiles and Woking & Sam Beare Hospice. These events not only brought us closer as a team but also allowed us to give back to the causes we hold dear.

A special highlight this year was becoming an approved IOSH training provider, allowing us to deliver two new essential IOSH awareness courses: Managing Safely and Managing Sustainably. This shows our commitment to continuously grow as a business and provide the best variety of training for candidates.

As we look forward to another year, we remain dedicated to providing top-tier training, embracing innovation, and fostering a supportive, safety-focused workforce. To everyone who has been part of our journey this year—trainees, clients, partners, and staff—thank you for your trust and collaboration. Here's to a successful 2025!

Warm regards,  
The CISTC Team

## GOOGLE REVIEWS

*"Andi was very helpful, knowledgeable and down to earth. Very impressed with how much I learnt from the two day course, which of course prepared me for the EUSR test. Very happy with how it went. Would recommend Andi."*

- Oli Ruddock ★★★★★

*"Simon Lord provided excellent reach truck training for our team at Fugro. His professionalism and patience really stood out, especially with one of our more timid staff members. Simon ensured everyone was comfortable and confident throughout the process, making the training both thorough and supportive. Highly recommend Simon and the team at Construction Industry Safety Training Centre for their expertise and care."*

- Curtis Durell ★★★★★

*"Just completed my A17 telehandler course with Dan, very successful training. Useful knowledge and information provided. Overall a very pleasant experience definitely would use again for any training needs. Well done Dan and Dimi."*

- Mohamed Elsharqawy ★★★★★





# WOMEN IN CONSTRUCTION WEEK

## CISTC CELEBRATED WOMEN IN CONSTRUCTION

In March, CISTC Celebrated Women in Construction - Shoutout to the amazing women behind the scenes in construction training! From our dedicated office staff who ensure smooth operations to our talented chef who fuels our candidates with delicious meals, your contributions are essential to our success. Thank you for your hard work, passion and commitment to building a skilled workforce.



**Women in Construction Week celebrate and promotes the role of women in the construction industry!**

NAWIC (The National Association of Women in Construction) held the first WIC Week in 1998 and it has grown and expanded each year since.

Follow [#wicweek](#) [#wicweek25](#) [#womeninconstructionweek2025](#) on social media so you don't miss a thing.

**Save the date! March 2nd—8th, 2025**



# NEW TO THE TEAM

Meet our newest team members: Paul and David  
who joined our team in 2024.

CISTC have over 50 years of combined experience in the training industry. Find out more about our fantastic team on our website, [cistc.co.uk/about/meet-the-team](https://cistc.co.uk/about/meet-the-team), who are ready to manage all your training requirements.



**Paul Berry**  
Trainer



**David Miller**  
Sales Advisor

In March, we celebrated **Employee Appreciation Day** - our incredible office staff and dedicated trainers! Your hard work, dedication and passion drive us forward every day. Thank you for your unwavering commitment to excellence!

Together, you make our workplace stronger, more dynamic and more resilient. Today and every day, we salute you!





# CISTC ATTEND & EXHIBIT

## CISTC ATTENDED AND EXHIBIT AT MULTIPLE EXPOS ACROSS THE YEAR!

### March

**Surrey Armed Forces Covenant Conference.** Angela Fowler attended this event which brought together those supporting the Armed Forces community. It allowed us a chance to share, celebrate and build on the partnership between armed forces and civilian communities. CISTC have signed the Armed Forces Covenant to represent our pledge and demonstrate our support to respect their community. We recognise the value of serving personnel, both regular and reservists, veterans and military families contribute to our business and country.



### May

**South East Construction Expo & Awards**, located at Sandown Park Racecourse! Elliot Braund and Matthew Perring attended and exhibited, showcasing what CISTC has to offer as a business along with a few fun construction-based challenges on the day.

**National Skills Academy for Construction Framework event.** Elliot and Angela were invited to this CITB and the Hampshire County Council run event. The NSaFC spoke about their new principles and the benefits of using their frameworks to secure work in Hampshire. They target upskilling the existing workforce in industry qualifications and standards. It was a great opportunity to network with other industry professionals and have a catch-up with CITB. They delivered workshops on their funding opportunities and support available including skills & training funding.



## October

**Safety, Health & Wellbeing Live South expo** at the Farnborough International Exhibition & Conference Centre. Angela Fowler and Elliot Braund, had the pleasure of attending this expo where they met with IOSH Training Network Manager, Matthew C. Widdowson, for a productive discussion about the Managing Safely and Managing Sustainably training courses. These conversations highlighted new opportunities to enhance safety and sustainability across the construction industry.



## November

**CITB Employer Network Event!** Elliot Braund and David Miller from CISTC attended the insightful CITB Employer Network Event at Silvermere Inn on the Lake, Cobham. It was a fantastic morning of networking and collaboration, bringing together employers from across the construction industry.





# CHARITIES & EVENTS

## CISTC PARTICIPATED IN 'HOLLY'S FUNDRAISER FOR SWINGS AND SMILES' GOLF DAY

In June, CISTC Sales Manager, Elliot Braund participated in '**Holly's fundraiser for Swings and Smiles**' golf day.

**Swings & Smiles** are committed to improving the quality of life for disabled children and their families.



## TEAM CISTC HAD A TEE-RIFIC TIME AT NATTA'S ANNUAL CHARITY GOLF DAY!

In July, Team CISTC attended **Natta's Annual Charity Golf Day** at Sherfield Oaks Golf Club!

This included an auction hosted by Natta Building Company which raised funds for **Rainbow Trust Children's Charity**, **The Royal Marsden Cancer Charity** and **Woking & Sam Beare Hospice and Wellbeing Care**!

Thank you **Natta Building Company** for hosting such an amazing event!





# CISTC ROWED AT WOKING'S ANNUAL DRAGON BOAT RACE DAY

In June, Team CISTC paddled with passion at the **Woking & Sam Beare Hospice and Wellbeing Care's annual 'Dragon Boat Races and Family Fun Day'** at Goldsworth Park Lake!

While we didn't take home the gold, we had a boatload of fun paddling together. A huge thank you to everyone who came down to cheer us on – your support kept us rowing strong!



# CISTC TOOK PART IN NATTA'S ANNUAL WELLNESS WEEK

In September, Team CISTC took part in **Natta's annual Wellness Week**. Playing sports, eating healthy and looking after our health and wellbeing.





# APPROVED CENTRE

## CISTC BECAME AN APPROVED IOSH TRAINING PROVIDER



In August, CISTC became an approved **IOSH Training provider**! This means we can deliver two essential awareness courses to elevate your workplace safety and sustainability:

- **Managing Safely:** This top-tier course equips line managers with the skills to ingrain a strong safety culture. It's tried, tested, and trusted to boost confidence and enthusiasm in applying safety knowledge effectively.
- **Managing Sustainably:** Focused on prioritizing your workers' welfare and well-being, this course offers practical strategies to foster a sustainable and supportive work environment.







**CONSTRUCTION INDUSTRY  
SAFETY TRAINING CENTRE**

**CISTC is a  
CITB Approved  
Training Organisation**

 **01252 855433**

 **cistc.co.uk**



**4 ACRE TRAINING FIELD**



**STATE-OF-THE-ART FACILITIES**



**9 TRAINING ROOMS**



**CISTC ON-SITE TRAINING**



**NPORS COURSES**



**SITE SAFETY PLUS TRAINING**



**CPCS COURSES**



**HEALTH & SAFETY COURSES**



**NRSA COURSES**



**NVQS**



**EUSR COURSES**



**HIGHWAYS ENGLAND COURSES**





# UPCOMING COURSE DATES JAN - FEB



Below are CISTC's upcoming training course dates. To view a full list of upcoming course dates, visit our website [cistc.co.uk](http://cistc.co.uk)  
To book a course or for more info, contact us on 01252 855433 / [info@cistc.co.uk](mailto:info@cistc.co.uk).

Course Name	Start Date	End Date	Cost
NUCO Emergency First Aid - 1 Day	03/01/2025	03/01/2025	£795
Underground Services - Cat and Genny - (HSG47 Compliant)	06/01/2025	06/01/2025	£125
A17 Telehandler	06/01/2025	10/01/2025	£1,295
A62 Crane / Lift Supervisor	06/01/2025	08/01/2025	£1,095
A59 Excavator	06/01/2025	14/01/2025	£2,200
Abrasive Wheels	06/01/2025	06/01/2025	£125
CITB SMSTS Day Release	07/01/2025	04/02/2025	£550
CPCS A40 Slinger Signaller	07/01/2025	10/01/2025	£1,295
CITB SSP 1 Day Health and Safety Awareness	08/01/2025	08/01/2025	£135
EUSR Water Hygiene	08/01/2025	08/01/2025	£140
CITB Site Supervision Safety Training Scheme (SSSTS) - 2 Days	09/01/2025	10/01/2025	£310
NRSA - Street Works - Refresher	09/01/2025	10/01/2025	£350
CITB SMSTS - Full course	09/01/2025	06/02/2025	£450
First Aid Course - 3 Days	13/01/2025	15/01/2025	£325
NRSA - Street Works - Signing, Lighting and Guarding	13/01/2025	13/01/2025	£200
A59C Lifting Ops	15/01/2025	15/01/2025	£250
In House Confined Space Entry and Awareness	16/01/2025	16/01/2025	£220
CITB SSP 1 Day Health and Safety Awareness	20/01/2025	20/01/2025	£135
NRSA - Street Works - Full Course	20/01/2025	24/01/2025	£795
A09 Forward Tipping Dumper & A31 Road Roller Combined	20/01/2025	23/01/2025	£1,195
A17 Telehandler	20/01/2025	24/01/2025	£1,295
A59 Excavator	20/01/2025	28/01/2025	£2,200
NPORS - Novice	20/01/2025	22/01/2025	£995
NRSA - Location and Avoidance and Signing, Lighting and Guarding	20/01/2025	21/01/2025	£395
Smart Awards - Telecoms - SA001 Overhead Safety	27/01/2025	29/01/2025	£450
A17 Telehandler	27/01/2025	31/01/2025	£1,295
CITB Temporary Works Supervisor	29/01/2025	29/01/2025	£250
CITB SMSTS Refresher	29/01/2025	30/01/2025	£325
CITB Temporary Works Co-ordinator	30/01/2025	31/01/2025	£400
Smart Awards - Telecoms - SA006 Safe Working in Civils	30/01/2025	31/01/2025	£180
CITB Site Supervision Safety Training Scheme (SSSTS) Refresher - 1 Day	31/01/2025	31/01/2025	£195



Course Name	Start Date	End Date	Cost
NUCO Emergency First Aid - 1 Day	03/02/2025	03/02/2025	£125
A17 Telehandler	03/02/2025	07/02/2025	£1,295
A59 Excavator	03/02/2025	11/02/2025	£2,200
A62 Crane / Lift Supervisor	03/02/2025	05/02/2025	£1,095
CPCS A40 Slinger Signaller	04/02/2025	07/02/2025	£1,295
Underground Services - Cat and Genny - (HSG47 Compliant)	04/02/2025	04/02/2025	£125
Abrasive Wheels	04/02/2025	04/02/2025	£125
CITB SSP 1 Day Health and Safety Awareness	05/02/2025	05/02/2025	£135
Underground Services - Cat and Genny - (HSG47 Compliant)	05/02/2025	05/02/2025	£100
CITB Site Supervision Safety Training Scheme (SSSTS) - 2 Days	06/02/2025	07/02/2025	£310
EUSR Water Hygiene	06/02/2025	06/02/2025	£140
NRSA - Street Works - Signing, Lighting and Guarding	07/02/2025	07/02/2025	£200
CITB SMSTS Block	10/02/2025	14/02/2025	£550
NRSA - Street Works - Refresher	10/02/2025	11/02/2025	£350
A17 Telehandler	10/02/2025	14/02/2025	£1,295
A61 Appointed Person	10/02/2025	14/02/2025	£895
A59C Lifting Ops	12/02/2025	12/02/2025	£250
NRSA - Street Works - Full Course	17/02/2025	21/02/2025	£795
EUSR SHEA Gas	17/02/2025	17/02/2025	£200
A59 Excavator	17/02/2025	25/02/2025	£2,200
A17 Telehandler	17/02/2025	21/02/2025	£1,295
In House Confined Space Entry and Awareness	18/02/2025	18/02/2025	£220
A09 Forward Tipping Dumper & A31 Road Roller Combined	18/02/2025	21/02/2025	£1,195
CITB SMSTS Day Release	18/02/2025	18/03/2025	£550
CITB SSP 1 Day Health and Safety Awareness	24/02/2025	24/02/2025	£135
A17 Telehandler	24/02/2025	28/02/2025	£1,295
CITB SMSTS Refresher	26/02/2025	27/02/2025	£325
CITB Site Supervision Safety Training Scheme (SSSTS) Refresher - 1 Day	28/02/2025	28/02/2025	£195



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