



INTRODUCTION

Another year has come and gone, it's been another successful year of training here at CISTC!

Congratulations to all the test passers over the past 12 months and a massive thank you to all of Team CISTC for their continued hard work! We couldn't do it without you!

2022 saw the arrival of three new team members, Doug, Katie, and Mark, to help with the high demand of work. We couldn't be more pleased with how quickly they have settled into the Team.

Throughout the year, we are constantly looking for ways to strive as a business and improve your training experience with us. With this in mind, we knew we could start by making the booking process easier for you. Thanks to the help of **Accessplanit**, you can now book all your training directly from our website!

Becoming a **NOCN** Site Right and **Smart Awards** Centre was an aim of ours, allowing us to provide a wider range of qualifications for learners.

Increasing our Charity endeavours was definitely a company goal of ours this year. What better way to do this then by doing a skydive, one to tick off our Teams bucket list and raising money for such an incredible cause in the process! - Read more on page 8.

We hope you all have a great Christmas and look forward to Seeing you all again in the new year!

GOOGLE REVIEWS

"Completed the Streetworks Operatives Course carrying out units LA O1 - O8. Mick and Andi were brilliant and the facility was spot on. Would highly recommend."

- Kieran Laws

"Had Paul Green on my 2 day SMSTS refresher, course was done over zoom worked really well & very informative. Thanks"

- Tom Gardiner

"Would like to say thanks to Danny for training me on my Telehandler course this week. His dedication to teaching and his patience greatly helped me pass the course, his skill at teaching and operating the Telehandler is bar none and I would definitely recommend him and the organisation for any future training requirements."

- Eddie Hersnip



WOMEN IN CONSTRUCTION 2022

CISTC attends Women in Construction Expo

In March, CISTC celebrated Women in Construction Week and **International Women's Day** by attending the Women in Construction Expo in Basingstoke.

The event was for women who are looking for a change in career to network and discover new opportunities in construction. Run by the **Hampshire Futures Skills & Participation**, it provided a platform for women to talk to employers, learn about apprenticeships and find out about construction courses.

With many already working in the industry at the event, attendees were also able to hear about their experiences and be inspired to join the next generation of women in construction.

Sharron Hampson attended the event and had the opportunity to speak to many women about the benefits of working in construction as well as the ways in which CISTC could help kick-start their new careers.

She commented: *"It was a really great afternoon spent at the Women in Construction Expo. I thoroughly enjoyed meeting, chatting and hopefully guiding young women who were interested in getting into construction. I also had very interesting chats with Mark Pope of **CoTrain** and Emily Dumelow of **The Apprentice Hub** with regards to possible future collaborations in order to support young women to achieve their goal of a rewarding career in the construction industry. Thank you to Rachel Sale and Kerry Cruden-Mills of **Hampshire CC** for the opportunity to attend a very worthwhile event."*



Equal Opportunities for Women in Construction

At CISTC, we believe in equal opportunities for all and are committed to eradicating the bias and stereotypes women may experience within construction. We aim to create a safe space for all to learn and develop their skills.

We have many women complete construction training with us, all with fantastic feedback. Recently, we were able to provide a three-day dumper taster session to kick start Natalie's new "life-changing" career which you can read more about on the **CITB website**.

NEW TO THE TEAM

Meet our newest team members: Doug, Katie, and Mark who joined our team in 2022.

CISTC have over 50 years of combined experience in the training industry. Find out more about our fantastic team on our website, [cistc.co.uk/about/meet-the-team](https://www.cistc.co.uk/about/meet-the-team), who are ready to manage all your training requirements.



Doug English
Account Manager



Katie Morgan
CISTC Administrator



Mark Ager
Sales Advisor

NEW COURSE

WJA High Pressure Water Jetting Course

At the start of the year, CISTC introduced **WJA** High Pressure Water Jetting as a new course delivered at our centre in partnership with **Jetmasters Ltd.**



IN PARTNERSHIP WITH



The Water Jetting Association (WJA) is the main provider of water jetting training in the UK.



The entry-level course is Water Jetting Safety Awareness. This is a mandatory one-day class-based course covering all main areas of water jetting operation and safety, including types of water jetting, water pressure and flow rates, risk assessment, and the use of safety clothing.

At the end of the course, delegates must pass a 20-question multiple choice questionnaire. The Water Jetting Safety Awareness course must be retaken every three years to retain registration with the WJA.

We strongly recommend that operatives should combine the Water Jetting Safety Awareness course with a relevant practical course to obtain the most thorough instruction in safe and effective water jetting.

Is your card expiring soon? Please contact our Team to book an our next available course.



Practical Water Jetting Training

If the Water Jetting Safety Awareness course is successfully completed, candidates can learn hands-on skills by attending specific training courses that include practical instruction.

These are:

- ✓ Drain and Sewer Cleaning (half day)
- ✓ Surface Preparation (half day)
- ✓ Tube and Pipe Cleaning (half day)
- ✓ Hydrodemolition (full day)
- ✓ We also offer a standalone full day Pressure Washing course.



Benefits for operatives:

- ✓ Successful candidates are registered with the WJA international database.
- ✓ Successful candidates are issued with a certificate and a WJA photo-ID card, detailing courses passed.
- ✓ WJA water jetting training is recognised by employers and is required by many contractors.

Benefits for employers:

- ✓ WJA training sets a benchmark for skills and operational standards
- ✓ It supports safe, productive and sustainable water jetting practice
- ✓ It supports workforce development and key operative retention
- ✓ It provides quality assurance for prospective customers.

APPROVED CENTRE

CISTC become an approved NOCN Site Right Centre

In July, CISTC became an approved NOCN Site Right Centre for the following courses:

SiteRight—Cable Avoidance



This course was developed in conjunction with **Leica Geosystems**, one of the leading cable avoidance equipment manufacturers in the world. Leica Geosystems provide the Train the Trainer course for all trainers wishing to offer this course.

Course Content

- Understand why we use cable avoidance equipment and the possible consequences of not using them.
- Be introduced to the theory of electromagnetic location and its limitations.
- Recognise the principles of risk assessment with regards to cable avoidance.
- Demonstrate the correct application of the equipment.
- Appreciate the importance of using both the transmitter and locator.

Course Structure

Development Partner: Leica

Course Length: 1 day

Minimum Age: 17

Assessment: Practical Task and Multiple-Choice Test

CITB Grant: Yes - GET2374

Who is this course designed for?

This course is aimed at a wide group of operatives who need to use detection equipment to locate underground services, this could be ground workers, highways maintenance, surveyors, utilities workers and more.



PART OF **nocn** GROUP

APPROVED CENTRE



SiteRight—The Safe Use of Cut Off Saws Including Abrasive Wheels



The course covers all aspects of how to use a cut off saw safely and includes appropriate personal protective equipment, selecting and fitting appropriate cutting wheels, operating and refueling the machine through to safe transportation.

Course Content

- Health and Safety
- Safety Features and Machine Checks
- Fuel
- Reactive Forces
- Cutting Wheels
- Using a Cut Off Saw

Course Structure

Development Partner: Stihl

Course Length: 1 day

Minimum Age: 17

Assessment: Practical Task and Multiple-Choice Test

CITB Grant: Yes – GET3099

Who is this course designed for?

This course will benefit to anyone who operates a cut off saw.

CISTC become an approved Smart Awards Centre

In November, CISTC became an approved **Smart Awards Centre!** This means we can now award Smart Award qualifications to learners for completing certain Telecoms, Construction & Street Works courses at our centre.

CISTC

CISTC LIMITED

HAS BEEN APPROVED AS A SMART AWARDS CENTRE!

Centre Number: C00054

SMART AWARDS
Awarding Platform for Smart Qualifications

CHARITIES & EVENTS

CISTC daredevils take to the sky

A brave group from Team CISTC took to the sky on the 4th of June, taking part in the Summer Skydive for **The Royal Marsden Cancer Charity!**

Taking part was Elliot Braund, Angela Fowler, Rebecca Stevens, Doug English, Danny Chandler and John Gormley!

Overcoming their fears, the team experienced the thrill of speeding through the air at 120mph for 5,000 feet before parachuting down to the ground and steering onto the drop zone.

The team managed to raise a massive £4,621 for this amazing charity which went towards the build of the Oak Cancer Centre in Sutton.

A great way to tick something off your bucket list as well as helping such an incredible cause in the process!



CISTC Exhibit at the 2022 Construction Expo

In September, CISTC exhibited at the Construction Expo 2022 showcasing the courses we run at our training centre.

At our stand, we also had a fun, race against the clock, remote control Dumper challenge, where the fastest Dump Truck driver to complete our course, would win £500 to spend on training at our centre!



CISTC take part in Woking & Sam Beare Hospices' Dragon Boat Race

What an "oarsome" day! CISTC teamed up with Natta Building Company in May to take on **Woking & Sam Beare Hospices'** annual Dragon Boat Race raising a total of £961! Sadly, we couldn't retain our title as Dragon Boat Champions, but did manage to take home second place! We will be looking to reclaim our winners title next year and hope to raise more vital funds for this amazing charity!



£961.45 RAISED FOR  **WOKING & SAM BEARE HOSPICES**

(INC. GIFT AID)



MacMillan Coffee Morning 2022

Back in September, CISTC took part in the World's Biggest Coffee Morning, hosted by Natta Building Company, for MacMillan Cancer Support.

In the run-up to that, head office staff also took part in some sweepstake games. Combining with the Natta Group of companies, we raised a fabulous £363.20 and Natta match-funded it to an amazing grand total of £726.40!



NEW JCB MACHINES

JCB Backhoe Loaders

JCB's iconic backhoe loader is as fresh and innovative today as when it was first invented in 1953. We've constantly reinvented it to keep ahead of the competition and provide real solutions to customer needs. Today, we're the world's biggest selling manufacturer, with nearly half of all backhoes sold being a JCB.



3CX SITEMASTER

The new range of Stage V 3CX Sitemaster machines are designed to help you be the master of all jobs, on any worksite.

Max. Engine Power
55kW - 81kW

Operating Weight
**7,887kg -
9,500kg**

Max. Dig Depth
6.51m

3CX COMPACT

The 3CX Compact backhoe is a highly versatile, manoeuvrable machine that specialises in a wide variety of duties in urban and limited-space environments.

Max. Engine Power
55kW

Max. Dig Depth
4.33m

Operating Weight
6,070 kg



4CX SITEMASTER

The new range of Stage V 4CX Sitemaster machines are designed to help you be the master of all jobs, on any worksite.

Max. Engine Power
55kW - 81kW

Operating Weight
**7,887kg -
9,500kg**

Max. Dig Depth
6.51m



JCB BACKHOE TRAINING & TESTING

JCB Backhoe Training & Testing coming soon to CISTC

CISTC in partnership with JCB will be offering **JCB Backhoe Training and Testing** coming this March 2023 at our training centre.

This is a new addition to our brand new JCB fleet of training machines!



Courses will include:

- Full Novice Training
- Experienced/Conversations

JCB have committed 20 goodie bags to the first 20 candidates booked onto one of the above courses!



More information coming out early January!

NEW BOOKING SYSTEM

CISTC launch new online booking system

CISTC have teamed up with [Accessplanit](#), making it easier than ever for you to book training! With our new online booking system, you can now book all your training courses directly from our website!

Visit our website to see what courses we have available: cistc.co.uk/upcoming-courses

Upcoming Courses

Below are CISTC's upcoming courses for 2023.

To find out more information about our open courses and to book, please get in touch.

Course Name	Start Date	End Date	Cost	Places	Book
Mental Health First Aid	13/12/2022	14/12/2022	£300	3	Book
NRSWA - Street Works - Signing, Lighting and Guarding	13/12/2022	13/12/2022	£200	7	Book
Emergency First Aid	14/12/2022	14/12/2022	£100	1	Book
NRSWA - Street Works - Signing, Lighting and Guarding	15/12/2022	15/12/2022	£200	0	Book
CITB 1 Day Health and Safety Awareness + CSCS Test	16/12/2022	16/12/2022	£125	20	Book
CITB SEATS	21/12/2022	21/12/2022	£175	12	Book
NRSWA - Street	05/01/2023	06/01/2023	£325	10	Book
CITB SSSTS	05/01/2023	06/01/2023	£295	17	Book
CITB 1 Day H	05/01/2023	05/01/2023	£125	18	Book
Cat and Gen	09/01/2023	09/01/2023	£100	12	Book
A17 Telehan	09/01/2023	13/01/2023	£195	0	Book
A59 Excav	09/01/2023	17/01/2023	£2100	3	Book
...

Upcoming Courses

OUR TRAINING COURSES ARE EITHER RUN REMOTELY OR FACE TO FACE AT OUR TRAINING CENTRE

Below are CISTC's upcoming courses for 2023.

To find out more information about our open courses and to book, please get in touch.

Course Name	Start Date	End Date	Cost	Places	Book
NPORS Experienced Worker Test	10/12/2022	10/12/2022	£300	0	Book
EUSR Water Hygiene	12/12/2022	12/12/2022	£140	5	Book
NRSWA - Street Works - Full Course	12/12/2022	16/12/2022	£750	0	Book
A17 Telehandler	12/12/2022	16/12/2022	£1295	0	Book
A59 Excavator	12/12/2022	20/12/2022	£2100	0	Book
NRSWA - Street Works - Signing, Lighting and Guarding	12/12/2022	13/12/2022	£200	7	Book
Mental Health First Aid	13/12/2022	14/12/2022	£300	3	Book
Emergency First Aid	13/12/2022	14/12/2022	£100	0	Book
NRSWA - Street Works - Signing, Lighting and Guarding	14/12/2022	14/12/2022	£200	0	Book
Inhouse Plant Training	15/12/2022	16/12/2022	£795	6	Book
CITB 1 Day Health and Safety Awareness + CSCS Test	16/12/2022	16/12/2022	£125	20	Book
CITB 1 Day Health and Safety Awareness + CSCS Test

CISTC CONSTRUCTION INDUSTRY SAFETY TRAINING CENTRE

Order Summary

1 Item

NPORS Forward Tipping Dumper - EWT

Date: 10/12/2022 00:20 - 10:30

More Details

Qty / Places: 1 / 1

Unit Price: £300.00

Subtotal: £0.00

Net: £0.00

Tax: £0.00

Total: £0.00



**CONSTRUCTION INDUSTRY
SAFETY TRAINING CENTRE**



**CISTC is a
CITB Approved
Training Organisation
Give us a call today...**

01252 855433

cistc.co.uk



4 ACRE TRAINING FIELD



STATE-OF-THE-ART FACILITIES



9 TRAINING ROOMS



CISTC ON-SITE TRAINING



NPORS COURSES



SITE SAFETY PLUS TRAINING



CPCS COURSES



HEALTH & SAFETY COURSES



NRSA COURSES



NVQs



EUSR COURSES



HIGHWAYS ENGLAND COURSES



UPCOMING COURSE DATES JAN - FEB



Below are CISTC's upcoming training course dates. To view a full list of upcoming course dates, visit our website cistc.co.uk
To book a course or for more info, contact us on 01252 855433 / info@cistc.co.uk.



EUSR Training Courses

EUSR Shea Power Face to Face	10/01/2023	£200+VAT
EUSR Water Hygiene Face to Face	23/01/2023	£140+VAT
EUSR Shea Water Face to Face	24/01/2023	£200+VAT
EUSR Shea Gas Face to Face	03/02/2023	£200+VAT
EUSR Drain and Sewer Face to Face	06/02/2023	£200+VAT
EUSR Water Hygiene Face to Face	20/02/2023	£140+VAT
EUSR Shea Power Face to Face	21/02/2023	£200+VAT



CITB Site Safety Plus Training Courses

1 Day Health and Safety Awareness Face to Face	05/01/2023	£125+VAT
SSSTS – Site Supervisors' Safety Training Scheme Face to Face	05/01/2023	£295+VAT
SMSTS - Site Managers Safety Training Scheme Face to Face	26/01/2023	£525+VAT
1 Day Health and Safety Awareness Face to Face	30/01/2023	£125+VAT
SEATS - Site Environmental Awareness Training Scheme Online	31/01/2023	£175+VAT
SMSTS - Site Managers Safety Training Scheme (Refresher) Face to Face	01/02/2023	£325+VAT
1 Day Health and Safety Awareness Face to Face	06/02/2023	£125+VAT
SSSTS – Site Supervisors' Safety Training Scheme Face to Face	13/02/2023	£295+VAT
SMSTS - Site Managers Safety Training Scheme (Refresher) Online	16/02/2023	£250+VAT
SSSTS – Site Supervisors' Safety Training Scheme (Refresher) Face to Face	20/02/2023	£175+VAT
1 Day Health and Safety Awareness Face to Face	22/02/2023	£125+VAT
SMSTS - Site Managers Safety Training Scheme (Refresher) Face to Face	23/02/2023	£325+VAT
SMSTS - Site Managers Safety Training Scheme Face to Face	23/02/2023	£525+VAT



CPCS Training Courses

A59 Excavator - Novice	09/01/2023	£2100+VAT
A17C Telescopic Handler - Novice	09/01/2023	£1,295+VAT
A40 Slinger Signaller - Novice	18/01/2023	£995+VAT
A09 & A31 Combined - Novice	17/01/2023	£1,195+VAT
A17C Telescopic Handler - Novice	23/01/2023	£1,295+VAT
A59 Excavator - Novice	23/01/2023	£2100+VAT
A59 Excavator - Novice	06/02/2023	£2100+VAT
A17C Telescopic Handler - Novice	06/02/2023	£1,295+VAT
A62 Crane / Lift Supervisor - Novice	06/02/2023	£995+VAT
A40 Slinger Signaller - Novice	13/02/2023	£995+VAT
A09 & A31 Combined - Novice	14/02/2023	£1,195+VAT
A61 Appointed Person - Novice	13/02/2023	£895+VAT
A17C Telescopic Handler - Novice	20/02/2023	£1,295+VAT
A59 Excavator - Novice	20/02/2023	£2100+VAT



NRSWA Training Courses

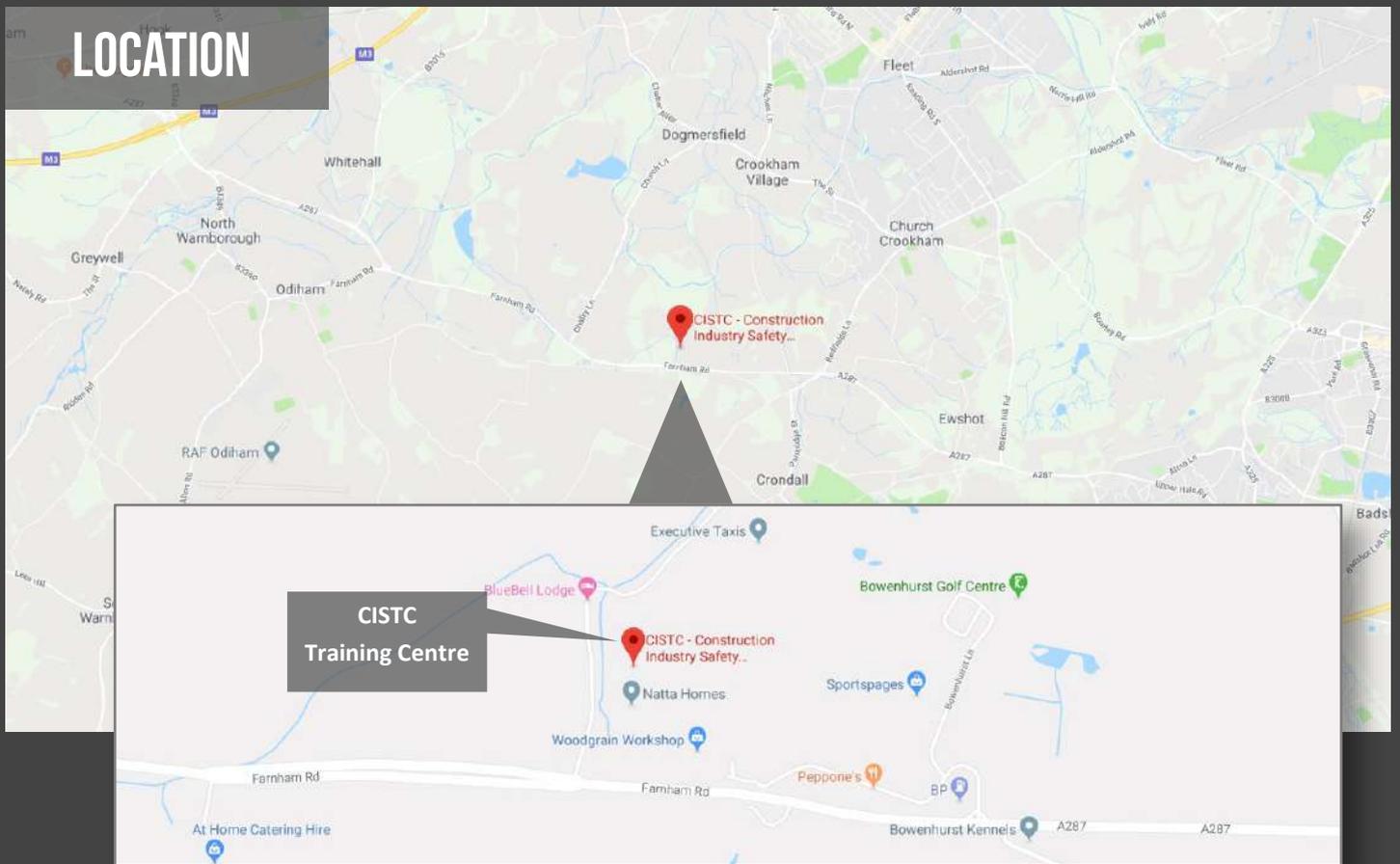
NRSWA Refresher	05/01/2023	£325+VAT
NRSWA Operative OR Supervisor	09/01/2023	£750+VAT
NRSWA Operative OR Supervisor	16/01/2023	£750+VAT
NRSWA Operative OR Supervisor	23/01/2023	£750+VAT
NRSWA Signing, Lighting and Guarding	30/01/2023	£200+VAT
NRSWA Refresher	30/01/2023	£325+VAT
NRSWA Operative OR Supervisor	06/02/2023	£750+VAT
NRSWA Operative OR Supervisor	13/02/2023	£750+VAT
NRSWA Operative OR Supervisor	20/02/2023	£750+VAT
NRSWA Signing, Lighting and Guarding	27/02/2023	£200+VAT



Health and Safety Training Courses

Inhouse Cat and Genny	09/01/2023	£100+VAT
Inhouse Abrasive Wheels	09/01/2023	£100+VAT
Emergency First Aid at Work	27/01/2023	£90+VAT
Inhouse Cat and Genny	15/02/2023	£100+VAT
Inhouse Abrasive Wheels	15/02/2023	£100+VAT

Learn to Succeed



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AN nocn JOB CARD